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**COME MEET  
MICHELLE!**

**Mark your calendars!**



**Christmas in July  
July 14, 2011**

# **SPRING 2011**



## **Community Health Series Update**

We are pleased to inform you that the Martinsburg and Charles Town communities are well served by a large number of health services that meet a wide variety of needs. For this reason, we have concluded that our Community Health Series is no longer needed at this time. We thank you for your support and participation, and look forward to discovering other ways to reach out to others with our hearing health care message.

*Upcoming*

*Events*

**Tinnitus Support  
Group**

Barbara Ehrenberg  
Dr. Will McCray

**Essay Contest**

FREE SET OF HEARING AIDS

**Clarion Hotel  
Seminar in April**

DAVID LASSITER—WIDEX

**Christmas in July**

July 14, 2011

**CALL TODAY TO REGISTER AND FIND OUT INFORMATION  
FOR OUR UPCOMING EVENTS! (SEATING IS LIMITED)**

*WORRYING does not take away tomorrow's TROUBLES; it takes away today's PEACE.*

## **Looking for a HEARING DOCTOR can be confusing**

Here are a few questions to  
take along with you when "shopping" around:

- » **Is there a licensed audiologist on staff?**
- » **Will they provide follow-up care following your hearing aid fitting at least every six months?**
- » **Do they offer trial periods, warranties, loaners and loss/damage protection?**
- » **Do they offer Complete Hearing Healthcare (i.e. lifetime batteries)?**





# About Our Staff

**Mary Lynn** celebrated her 15th anniversary in business this February and was blessed by many wonderful patient letters of appreciation. She was most grateful and says that it felt like a "big hug"! She traveled with husband Jim to Canada for an ice venture in March. Her older son David returned from S. Korea in Feb. and spent 3 weeks before heading to Fort Benning, GA. She was actually able to spend time with both of her boys together. **A very happy momma!**

**Jamie**, Mark and Jackson are surviving Kindergarten. Mark and Jamie returned from Las Vegas in Feb. where Mark played and Jamie learned many exciting new things she is eager to share with her patients.

**Amy** and her husband Neil are excitedly (and nervously) awaiting the birth of their

first child, due April 13<sup>th</sup>!  
**Congrats Amy and Neil!**

**Cheryl** YEAH!!! Summer is just around the corner and trips to visit grandchildren will be plentiful. Time outside will be spent playing basketball and riding bikes with her 3 oldest grandchildren (14 to 7 years) and TRYING to keep up with the 6 younger grandchildren (3 years to 6 months) outside will be a challenge!! **Wish her luck!!**

**Martha** and her husband, Roy, spent the winter high school basketball season following the Lady Bulldogs of Martinsburg High School. Having a granddaughter on the team motivated them to even travel to the State Basketball Tournament in Charleston, WV. **Go Bulldogs!**

**Donna** is eagerly awaiting the arrival of her newest grand - baby, Miss Mollie, due June 4th

in Long Island, NY. Her cousins, Addison and Delilah are excited to meet her.

**Laura** and her new husband, Reneau, celebrated their wedding in February. They look forward to years of hiking, canoeing and sailing with their five children. **Congrats Laura!**

**Melissa** is celebrating her baby boy Michaels's 1 year birthday on April 25th! She is looking forward to spring and summer with both him and daddy!

**Lee Ann** had an enjoyable winter season. However, she is looking forward to the spring flowers and warm weather!

**Cindy** continues to be blessed with getting to know her granddaughter Emily which was the greatest present ever. Big congratulations to husband, Skip, who will be getting his degree to become a paramedic!

**Shannon** is wishing the warm weather would come and stick around. She can't wait for her first cookout! She's ready to spend some time with her friends and family.

**Lori** is our new front desk gal in Martinsburg. She has a handsome son, Austin, who is 8 years old and in the second grade and loves Cub Scouts! Lori is also taking college classes in her spare time and loves spending time with her grandmother. **Welcome Lori!**

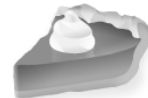
**Michelle Garrett** has joined our team while Amy is on maternity leave. She grew up in western New York but now lives in Charles Town with her husband, Will, and young son Harrison. Her hobbies include spending time with her family and relaxing with a good book. **Welcome Michelle!**

## Recipe

### CHOCOLATE ÉCLAIR DESSERT

2 pkgs. French vanilla instant pudding mix  
1 box graham crackers  
3 1/2 cups of milk

8 oz. thawed cool whip  
1 container chocolate icing  
dish (13x9)



Mix pudding with 3 1/2 cups of milk. Beat at medium speed for 2 minutes. Blend in the cool whip. Layer one package of graham crackers in the bottom of the dish. Pour 1/2 of the pudding/cool whip mixture over the crackers and then place another layer of graham crackers and pudding mix over that, ending with the whole graham crackers on top. Refrigerate the covered dish for at least 2 hours but overnight is best. Prior to serving, top with chocolate icing. **Enjoy!**

## Will Hearing Aids Make Me Look Old?

There is a saying .....that hearing loss is more noticeable than hearing aids and that is true now more than ever, given the small and discreet hearing aid models available with today's technology.

While not everyone may be a candidate for the nearly invisible models, the newest hearing aids today are definitely more stylish than in the past years as hearing aid colors are designed to blend in well with hair and skin tones.

Most patients who are fit with today's newest hearing aids report that their family members and friends did not even see that they were wearing one!

Continuously asking someone to repeat themselves, placing your hand behind your ear or missing important health information from a doctor are far more noticeable and frustrating than wearing a pair of hearing aids.

*"I am happy I am finally hearing and understanding what people say to me. No more, 'huh, what did you say?' Thanks for the wonderful care" - Janet Lopp*

# Your Audiology Team

## Our Vision

Patients will consistently feel care and compassion through every contact starting from when they walk through our doors. Patients will perceive unsurpassed value throughout their lifetime of care and service. AHCS staff will feel that their lives have been enriched by their involvement in the business and that they have helped to "make a difference".



**Lee Ann Horvat**  
Clinical Audiologist

**Amy Wix Johnston**  
Doctor of Audiology

**Mary Lynn Graham**  
Doctor of Audiology  
(Founder/ Owner)

**Jamie D. Ingle**  
Clinical Audiologist

## Thank You for Your Referrals!

Your recommendation of our practice is the highest compliment we could receive. Please know that our appointment book is always open to you, your friends and your families, should they need our specialized care.

**If you refer someone to us** and they purchase hearing aids, **YOU** will receive a Thank You Gift and your referral will receive a discount!



**Hearing Testing**

**Tinnitus Clinic**

**Balance and Dizziness Testing**

**Hearing Aids**

**Babies to Seniors**

**Loop Systems**

**Custom Hearing Protection**

**Earwax Removal**

**Swim Molds**

**Hear it BEFORE you buy it**

**and much, much more.....**

## Do You Have Ringing In The Ears?

**50 Million Americans** suffer from a constant ringing, buzzing, hissing or annoying whistling in their ears **CALLED TINNITUS**

Tinnitus is common in people over the age of 40, but is becoming increasingly prevalent in younger people, as well, because of increased daily noise levels, including those caused by the unrestrained use of MP3s, iPods and other personal stereos.

If you suffer from Tinnitus, there is now a unique sound therapy tool inside **Mind 440** hearing aids that may help manage your tinnitus.

**We have a specialist from Widex coming April 26th and 27th.  
Call To Reserve Your Seat TODAY!**

*I have been very pleased with the folks at AHCS that I have dealt with these past 3-4 years. I have purchased two systems and the quality and performance keeps getting better". **Richard F. Hadley***

**AUDIOLOGY  
HEARING  
CARE  
SERVICES**

*1316 Rock Cliff Drive  
Martinsburg, WV. 25401  
304-264-8884*

*31 Willow Spring Drive  
Charles Town, WV. 25414  
304-728-6763*

*www.audiologyhearing.org*



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Permit #71

*"My new hearing aids have improved the quality of my hearing immensely! I shouldn't have waited so long to replace my old ones. Thank you for making the process an enjoyable one".—Maria Grady*

*May is Better Hearing and Speech Month!*  
**May is Better Hearing and Speech Month!**

**Win a FREE SET of Digital Hearing Aids**

**For Someone You Love**

**Enter our "Give the Gift of Hearing" ESSAY CONTEST**

**(Stop in one of our offices or visit our website for the official entry form!)**

**HURRY! Deadline is April 25, 2011**